

Core Creek Park
Permanent Orienteering Course Control Sheet


## Note:

This orienteering course offers two variations, a short course and a long course. The short course includes control locations 1 through 6 while the long course includes additional controls 7 through 12
Both courses begin and end at the start/finish, $\mathrm{S} / \mathrm{F}$ control marker.

| Core Creek Park <br> Permanent Orienteering Course Control Sheet |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Long Course |  |  | 5.4 km distance ( 3.36 miles) |  |  |  | 50 m climb (164 feet) |
| Control \# / Letter Code |  |  | Control Descriptions |  |  |  | Control Descriptions (Text) |
| $D$ | S/F |  | $\square \Delta$ |  |  | $\dot{\bigcirc}$ | Parking Lot North Side |
| 1 |  |  | $\because$ |  |  | $>$ | Vegetation Boundary East Tip |
| 2 |  | $\swarrow$ | $\because$ |  |  |  | Semi-Open Area Southwestern |
| 3 |  |  | $\because$ |  |  |  | Vegetation Boundary |
| 4 |  |  | $\because$ |  |  |  | Vegetation Boundary |
| 5 |  |  | - |  |  |  | Knoll |
| 6 |  |  | \%. |  |  | $\bigcirc$ | Small Erosion Gully Southeast Side |
| 7 |  |  | n) |  |  | $\bigcirc$. | Water Trough Southeast Side |
| 8 |  |  | '' | $\prime^{\prime}$ | $y$ |  | Trail Junction |
| 9 |  |  | - |  |  |  | Knoll |
| 10 |  |  | '' | $\prime^{\prime}$ | $y$ |  | Trail Junction |
| 11 |  |  | '' | '' | $y$ |  | Trail Junction |
| 12 |  |  | $\prime^{\prime}$ | $\prime^{\prime}$ | $y$ |  | Trail Junction |
| $\bigcirc<925 \mathrm{~m}$ (3,035 feet) to Finish |  |  |  |  |  |  | - |

## Scouts BSA:

Scouts who need an orienteering course to complete First Class requirement 4a can use controls 1 through 6 . Scouts must also demonstrate measuring distance to complete requirement 4 a .
Scouts who need a second course for the Orienteering Merit Badge can run additional controls, 7 through 12 .
To check control letter codes, mail a copy of your noted course control sheet to: DVOA, 14 Lake Drive, Spring City, PA 19475.
Please include your phone, email, or mailing address for a reply.
After completing this course, please try
one of our local weekend events for a
complete orienteering experience!


## ORIENTEERING - What is it?

Orienteering is a sport of Scandinavian origin. The game's objective is to locate fairly easy-to-find markers in the woods with the aid of a map and, if you like, a compass. The challenge of orienteering results from participants' not knowing ahead of time the markers' locations. The test lies in determining the best routes between these locations and, in the sport's competitive form, in finding all these points (called controls) in the least possible time. At its best, not only does orienteering improve your knowledge of geography and practical navigation, it enhances physical and mental fitness as well.
Orienteering is a sport for people of all ages, abilities, and gender. Participants can travel alone or in groups, running or strolling, to win the contest or merely to savor nature's beauty, which, as any orienteer will attest, is winning itself. The sport provides excellent family fare.

## INFORMATION

The first owner of land around Core Creek was Thomas Croasdale who bought 1000 acres from William Penn in 1682. Parts of the original property were later sold to Thomas Jenks, a prominent Langhorne merchant, in 1731, and John Watson in 1733. In 1941, Charlotte, Grand Dutchess of Luxembourg and Prince Fleix of BourbonParma purchased 247 acres of the original parcel after fleeing Nazi occupation during World War II. The lake is named after their beloved homeland.
For information about park activities, contact: Core Creek Park, 901 Bridgetown Pike,
Langhorne, PA 19047, 215.757.0571.

For information about local orienteering events, educational and corporate programs, other area permanent courses, and club membership in eastern Pennsylvania, southern New Jersey, and Delaware, or for copies of this and other orienteering maps, please contact:
Delaware Valley Orienteering Association (DVOA),
14 Lake Drive, Spring City, PA 19475, 610.792.0502, frankdvoa@aol.com, or visit our web site at www.dvoa.org.
For a complete orienteering experience, please try one of our local weekend events. You can find the schedule at www.dvoa.org. Membership entitles you to reduced map fees at all of our events.
Congratulations and thank you for participating!

## INSTRUCTIONS

1. Reference the course control sheet for course distance and total course climb. The course begins at the parking lot, indicated on the map with a triangle symbol. The course ends at the start location, indicated on the map with a double circle symbol.
2. Familiarize yourself with the map before you begin. NOTE: Familiarization with the map relative to the fields, roads, and features shown is easier if you hold the map flat in front of you and rotate it until it is "oriented" to the terrain. Magnetic North lines will help if you have a compass, but you will find that the map is detailed enough that you may not need one on this course.
3. Set out to visit the controls in the sequence outlined on the map starting at the start triangle and proceeding towards control \#1. Upon reaching each control, record, on the course control sheet provided, the letter code shown on the marker post placard (see illustrations to the right). You may also want to time yourself from start to finish.

As an example, consider an imaginary control \#3, marked on the map as shown below:


Referring to the map legend, you note that the control location, the point at the center of the circle, seems to be crossing between two paths. To confirm the terrain feature on which the control is located, look at the description and feature symbols provided on the sample control sheet shown below.


Suppose, after a fairly challenging and satisfying amount of navigation, you finally arrive at the vicinity of control \#3. To your delight, you sight it precisely where it should be: at the foot path trail junction.


Take a closer look; you will notice the control number and letter code on the marker post placard.


By recording the letter codes in the appropriate box on the control sheet, you provide proof of your visit to the control for later verification.


That's it! You're off to your next control, and so on to the finish.

## SAFETY NOTES



At the pace of a slow stroll, the course at Core Creek Park can ordinarily be completed within $60-90$ minutes. It is wise to take this into consideration, especially when setting off towards dusk.
On the remote chance you become hopelessly disoriented, make your way south to the Lake or Park Road. Remember that the sun rises in the east and sets in the west.
Some areas of the park may be hazardous. We told the Park Rangers we would remind you that you are responsible for you and your groups' safety.

